



## Budget Request Form FY2018

Department should complete one form for each individual request

**Department:** Student Counseling Service

**Program, Service, or Operation Requested**

Psychologist

SAFAB Use Only	
YES	NO

**General Description:**

*These four positions (two psychologists and two counselors) will directly support the primary mission of the Student Counseling Service: to provide direct psychological, counseling, and psychiatric services to our students so that they may succeed academically. The number of students who are requesting services from the SCS has continued to increase—85 students have registered for services over the weekend and last night (9/18/16). 120 initial appointments are usually available weekly; on Monday I asked staff to provide two more initial appointments each week for the rest of the semester. All administrators will also begin providing additional services, even though we will then become less available for the rest of the University. We have stopped providing outreach programming. We have reduced the number of meetings and will soon stop offering seminars for our trainees. Staff have responded magnificently, but we only have so many hours each day. We are drowning in a sea of students needing or wanting services and we can no longer even pretend to meet that need. **WE NEED HELP!***

**Request Type:**     Full     Increase     One-Time     Partial/Matching

**Type of Funds Requested**     UAF     Other

**General Questions:**

***How does this address an important need and positively impact students?***

See above—too many students wanting services and not enough staff to provide those services. These four positions would help us meet the current needs of our students for mental health services.

***What department/Division Strategic Plan item does this support? Goal #2 and #4.***

**What is the impact if not funded?**

Rationing of counseling services, already a reality on many campuses, will become more profound. Some of the current services offered by the SCS (outreach, some training, consultation) will go away and some students will not receive any services at all.

**Please provide any data, evidence, input (student faculty, staff, other) you gathered to help you determine the need for additional resources.**

IACS recommends that campus counseling centers be staffed at 1:1000 to 1:1500. The more severe the student presenting issues, the lower the ratio should be. Current SCS ratio is approximately 1:1950 and students are presenting to us with significant histories of treatment for mental health issues as well as mental health medications and hospitalizations.

**What actions have you implemented internally to address the identified need?**

We literally are providing as much service as we can. We have instituted TAO and may begin offering SCoRE soon as an online way of treating mild-to moderate depression and anxiety and provide resiliency training. There is literally nothing else that we can do without more staff.

**Generally, what assessment tools will you use to evaluate this program/service?**

Timely service to our students has always been our goal. I would like to get back to a wait of no more than 10 days for an initial appointment. If we can do that, we will have succeeded.

**How have other sources of funding (fundraising, sponsorship, reserves, etc.) been considered?**

**Please explain.**

There are no other sources of funding that I am aware of.

**Funding Description:**

	Dollar Amount
<b>Total Estimated Cost</b>	
Salary	\$59,000
Benefits	\$19,812
<i>Less Estimated Partial/Matching Funds (if applicable)</i>	
<b>TOTAL INCREASE REQUESTED</b>	<b>\$78,812.00</b>

SAFAB Comments/Notes: