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Student Affairs Fee
Advisory Board
DIVISION OF STUDENT AFFAIRS

Funding Request Form FY2021

Department should complete one form for each individual request

Department:

Counseling & Psychological Services

Program, Service or Operation Requested:

Professional Counselor II – Crisis Coordinator

General Description:

The number of students that have utilized the crisis services at CAPS continues to grow year after year. Additionally, the amount of referrals to crisis services also continues to grow from hospitalization follow-ups, mandatory risk and safety assessment from Residence Life, and our own internal hospitalizations. Each of these high risk students must be given the adequate amount of time for follow-up and then additional time is needed for communication with related parties (Residence Life, Student Assistant Services, parents, faculty, etc.). Our highest risk students would benefit greatly from a Crisis Coordinator whose role would be to help in the hospitalization process and coordinate our efforts in providing these services for students.

Request Type:

Full Increase One-Time Partial/Matching

Type of Funds Requested:

UAF Other

General Questions

How does this address an important need and/or positively impact students?

Obtaining a position that focuses on Crisis would free up our other counselors for more appointments for students. The position would also impact how quickly students could see a counselor as well as improve our services for those students in crisis. Having one staff dedicated to this role would benefit the follow-up for these high risk students and the other parties involved.

What department/Division strategic plan item does this support?

The Division Strategic Plan that is supported is wellbeing, specifically focusing on risk management. "Students engage in learning experiences that integrate all aspects of their lives. In order for students to be academically successful, they need to be in a positive, healthy, and secure environment. Because of our strong sense of care, we support students in making good decisions that contribute to their success."

Please provide data, evidence, and/or input (student faculty, staff, other) you gathered to help you determine the need for additional resources.

Over the last three years, the amount of mental health reports from the “tell someone reports” that have required mental health follow-up appointments has increased dramatically. The amount of mandatory referrals for risk and safety has gone up along with overall follow-ups after hospitalizations. Our own internal numbers have gone up dramatically from 301 in 2015, to 365 in 2018. The number of hospitalizations has gone up dramatically from approximately 3 in 2010 to 7 in 2015 to over 15 in 2018. These numbers are not completely accurate due to the difficulty knowing the disposition after they leave our office, however they do represent the increased amount of time spent with students in the hospitalization process.

What actions have you implemented or discontinued internally to address the identified need?

The amount of students that we see on crisis directly limits our accessibility to students for other services such as ongoing counseling. We have increased our groups and workshop programs as a result and have focused on goal oriented individual counseling. Additionally, as crisis appointments continue to increase, our wait time for first appointments also increase.

If funding is granted, what metrics will you use to evaluate success of this program/service/operation?

We will use data on the number of students served and our wait time. We will also be able to provide better follow-up to our highest distressed students and will measure this with our outcomes survey.

Have other sources of funding (fundraising, sponsorship, reserves, etc.) been considered?

Please explain.

Not at this time.

Total Estimated Cost

Funding Description	Amount
Salary (\$55,000) + Benefits (\$21,014)	\$76,014
Professional Development Funds	\$2,000
<i>Less Estimated Partial/Matching Funds (if Applicable)</i>	
TOTAL INCREASE REQUESTED	\$78,014