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Student Affairs Fee
Advisory Board
DIVISION OF STUDENT AFFAIRS

Funding Request Form FY2021

Department should complete one form for each individual request

Department:

Counseling & Psychological Services

Program, Service or Operation Requested:

Sanvello App

General Description:

Last year, at the request of multiple student groups, we purchased the highest rated mental health app, Sanvello, for the students at Texas A&M. The cost is \$1 per student and we are currently paying \$68,000 for this service. This service is also available for our satellite campuses as well as our distance education students.

Request Type:

Full Increase One-Time Partial/Matching

Type of Funds Requested:

UAF Other

General Questions

How does this address an important need and/or positively impact students?

Students requested a mental health initiative that could be used whether or not they came to CAPS.

What department/Division strategic plan item does this support?

Student Wellness

Please provide data, evidence, and/or input (student faculty, staff, other) you gathered to help you determine the need for additional resources.

The latest data on Savello is that there are a total of 6,170 signups with a total of 152,390 total sessions. What we have learned is that the students that download the app use it and like it!

What actions have you implemented or discontinued internally to address the identified need?

We advertised in a variety of ways as well as encouraged faculty and staff to use it with students. The First Year Experience is also using this in several of their sessions focusing on mental health.

If funding is granted, what metrics will you use to evaluate success of this program/service/operation?

Sanvello keeps us updated with statistics and weekly mood ratings.

Have other sources of funding (fundraising, sponsorship, reserves, etc.) been considered?

Please explain.

CAPS has requested that other departments (Recreation Center and Health Center in the Division) contribute to this mental health initiative and will request the First Year Experience to possibly contribute toward the cost of this app in the future. At this time, we are fully covering the cost from our reserves.

Total Estimated Cost

Funding Description	Amount
Sanvello App	\$68,000
<i>Less Estimated Partial/Matching Funds (if Applicable)</i>	
TOTAL INCREASE REQUESTED	\$68,000