

Funding Request Form FY2025

Department should complete one form for each individual request

Department:

Student Life

Program, Service or Operation Requested:

Three Health Promotion Positions and Educational Programming Funds

Health Promotion Student Development Specialist II Health Promotion Student Development Specialist III Health Promotion Student Affairs Coordinator **General Description:**

Due to a change in funding model with University Health Services, three positions within Health Promotion are no longer funded. The positions have been a part of Student Life since 2013 when the Health Promotion unit moved from Student Health Services to Student Life. Funding for these positions along with funding for educational programming and resources was transferred from Student Health Services to Student Life at the beginning of each fiscal year. In Fall 2022, Student Health Services moved from the Division of Student Affairs to University Health Services as part of the Path Forward changes. This move resulted in a funding model change and the allocation will no longer occur.

Requ	iest Type:				
\boxtimes	Full		Increase	One-Time	Partial/Matching
Type	of Funds Reque s	sted:	Other		

General Questions

How does this address an important need and/or positively impact students?

Health Promotion is responsible for educational programs and support resources around a variety of topics including fitness and nutrition, alcohol and/or other drugs, interpersonal violence prevention, stress relief, time management and sexual health. Some of the unit programs include Green Dot Bystander Training, Sexual Assault Prevention and Awareness Month, Alcohol Education Workshops, Recovery Services, Thriving with Resilience Workshop, and individual consultations with students.

National surveys as well as surveys conducted with Texas A&M University students demonstrate the on-gong need for health and wellbeing education for students.

American College Health Association, 2022

*25% of respondents reported participating in risky behavior (ex. blacking out, injuring self or others) when drinking

*20.7% of students have never consumed alcohol.

*23.5% consumed 5 or more drinks the last time they drank alcohol in a social setting

AAU Survey on Sexual Assault and Misconduct, 2019 (Texas A&M University results) *14.1% of female undergraduate students, and 4% of male undergraduate students stated that they had experienced penetration by physical force or inability to consent *12.9% of students in a partnered relationship reported experiencing at least one type of abuse within that relationship

What department/Division strategic plan item does this support?

Department Strategic Priority #2: Support students through quality programs and services

Division Strategic Goal #1: Enrich the learning experience of students by cultivating an environment of intellectual curiosity (Classroom presentations and creatin of curriculum for Hullabloo U)

Division Strategic Goal #4: Provide innovative programs and resources that promote the health, wellbeing, and safety of students (Develop programs and curriculum that advance the knowledge and understanding of resources that promote overall wellbeing.)

Please provide data, evidence, and/or input (student faculty, staff, other) you gathered to help you determine the need for additional resources.

Below is a sampling of assessment results from Health Promotion programs during the past two academic years.

1) Annually, Health Promotion presents to over 20,000 students, faculty and staff which includes a presentation at each New Student Conference, training for all Fish Camps co-chairs and counselors and for Green Dot and STAND Up workshops.

2) STAND Up Trauma-Informed Care Training Assessment Results

- * As a result of the presentation, 97% of participants felt better prepared to have a conversation with someone who discloses trauma to them.
- * As a result of the presentation, 98% of participants know more about relevant resources available to them, either on-campus or within the community.
- * The percentage of participants who feel confident having conversations with someone who discloses a trauma increased from 36% to 93% after the program.
- 3) Alcohol Education Workshops
 - * Participants were asked to provide their level of agreement with the following statement: I learned something in this workshop that will help me drink alcohol in a safe, healthy, and/or legal manner when I decide to drink. 85% strongly agreed and 13% agreed

What actions have you implemented or discontinued internally to address the identified need?

Presentations to student organizations have been reduced due to the three vacancies. Currently staff are unable to provide any tailored support to student organizations or other student entities. Focus of team is only CREI, Student Conduct, and Student Organization sanctioning, required programming for federal and state laws, and two major campus wide events.

If funding is granted, what metrics will you use to evaluate success of this program/service/operation?

Staff positions will be evaluated through the annual performance evaluation process. Educational programs will be evaluated through assessments from participants.

Have other sources of funding (fundraising, sponsorship, reserves, etc.) been considered? Please explain.

Staff positions are typically not funded through sponsorship or fundraising or any soft funds.

Total Estimated Cost

Funding Description	Amount		
Student Development Specialist II (salary and benefits)	\$58,000		
Student Development Specialist III (salary and benefits)	\$68,000		
Student Affairs Coordinator (salary and benefits)	\$76 <i>,</i> 000		
Funding for educational programs and support resources	\$60,000		
Less Estimated Partial/Matching Funds (if Applicable)			
TOTAL INCREASE REQUESTED	\$262,000		